

CITY OF KINGSTON PARKS & RECREATION

ADULT/SENIOR PROGRAMS & ACTIVITIES

OPEN TO ALL CITY & SURROUNDING AREA RESIDENTS

ALL PROGRAMS (*UNLESS SPECIFIED ELSEWHERE*) ARE HELD AT

ANDY MURPHY (MIDTOWN) NEIGHBORHOOD CENTER

467 BROADWAY- KINGSTON

No Fee For Program Unless Specified

MONDAYS

EXERCISE CLASS – 9:30 am- 10:45 am

CERAMICS - 10 am -12noon- starts April 20th – June -15th

\$30-City Residents, \$40 –Non Residents

KINGSTON HOME CRAFTER'S 12:30-3pm in Senior's Lounge at Midtown Center
(Knitting/Crocheting) Beginners Welcomed!

TUESDAYS

CERAMICS-10 am -12 noon – starts April 21- - June 16th

\$30-City Residents, \$40-Non Residents

NATURE HIKES- staring April 14th – 2nd & 4th Tues. except noted on schedule

Meet at 9:00 am at the Forsyth Nature Center-Call 481-7332 or 481-7336 for more info

JEWELRY CLASS /BEADS–bring your own and/or share ours-12:30-2pm

WEDNESDAYS

LINE DANCING – Beginners 9:30-10 am – Intermediate 10-11:00 am

CARD GAMES (Crazy Canasta) 12:30-3pm- in Seniors Lounge-Beginners welcomed!

THURSDAYS

BINGO – 12:30-3pm –in Senior's Lounge at Midtown Center

FRIDAYS

Exercise Class – 9:30 am-10:45 am

ARTS & CRAFTS- Share and Learn -1:00-3:00 pm

Volunteers Wanted For Intergenerational Programs

Adult/Seniors assist with crafts & cooking at Hodge & Rondout Centers

Read to preschool children at our "Book Worms" Program-Wednesdays at FNC beginning June 17th

For More Info Contact Pat Johnson-Recreation Leader (845)481-7332